

RESOURCE PAGE



The SHIFT in Practice: An Intersectional Approach to Support



TIP

TIPS TO TAKE ACTION AFTER THE WEBCAST

1. The SHIFT approach is not just a set of rules; it asks for a change in your own perspective. Take time to reflect on your own biases and how they impact the people you support. Focus on the four core principles: Humility, Awareness, Sensitivity, and Safety.
2. If this is your first time learning about the SHIFT training, or you would like to learn more about the principles and ideology behind the training, consider [enrolling in the SHIFT training](#). This free, virtual, self-paced program is designed to help you navigate the complexities of harm reduction and better support people with complex needs.
3. If you found this webcast interesting and are looking for other resources to support your work or team, consider [registering for Real Xchange](#) to access additional learning opportunities to support people with developmental disabilities regardless of your sector.



LEARN

[The SHIFT Training](#)

The SHIFT is a free online training providing an evidence-based approach to supporting people with developmental disabilities. It focuses on people whose needs are not being met by the current system of supports because of siloed services and the complexity of each person's lived experiences.

[Intersecting Identities: Understanding Intersectionality and Disability](#)

This module offers an overview of the term "intersectionality" and helps you identify biases and apply culturally informed approaches to enhance your professional and personal interactions.

[Introduction to FASD Webinar](#)

Presented by Interwoven Connections, this webinar serves as a foundational introduction for anyone looking to deepen their understanding of Fetal Alcohol Spectrum Disorder (FASD). Whether you are a professional, a caregiver, or a community member, this session is an ideal starting point for exploring the core concepts and impacts of FASD.



EXPLORE

[FASD Ontario Bilingual Website](#)

The FASD Ontario site offers a collection of current resources, including webinars, research, articles, and more designed to help you strengthen your knowledge and explore topics related to FASD in greater depth.

[Canada FASD Research Network](#)

The Canada FASD Research Network provides a diverse range of both free and paid online courses designed to deepen your understanding of FASD. Their courses include high-impact training for professionals across multiple sectors, including substance use treatment, mental health, justice, and diagnostic services. A notable resource is the [Foundations in FASD Course](#) which is an essential training designed to provide a solid knowledge base for anyone working with or supporting individuals with FASD.

[Understanding a Trauma-Informed Approach to Support](#)

This MCCSS DS Professional Learning Series webcast discusses the ways in which people with a disability experience and show trauma and the importance of bringing a trauma-informed approach to supporting people.

[The Impact of Anti-Human Trafficking in the Developmental Services Sector](#)

In this MCCSS DS Professional Learning Series webcast, learn from experts at KACL and Montage Support Services about the realities of human trafficking within our sector and how to provide better support and advocacy for them.

[The Kenora Association for Community Living \(KACL\)](#)

KACL empowers people with disabilities to belong and thrive in all aspects of the community. Through their [Outreach and Intensive Supported Independent Living programs](#), they provide personalized, one-on-one support that prioritizes individual healing and well-being.



CONTACT

[FASD Email List](#)

Stay connected and informed by subscribing to P4P's FASD Email List. By joining, you'll receive the latest updates about the FASD Ontario site and the FASD Family and Caregiver Support Groups program, as well as the latest news, research, events and training opportunities.